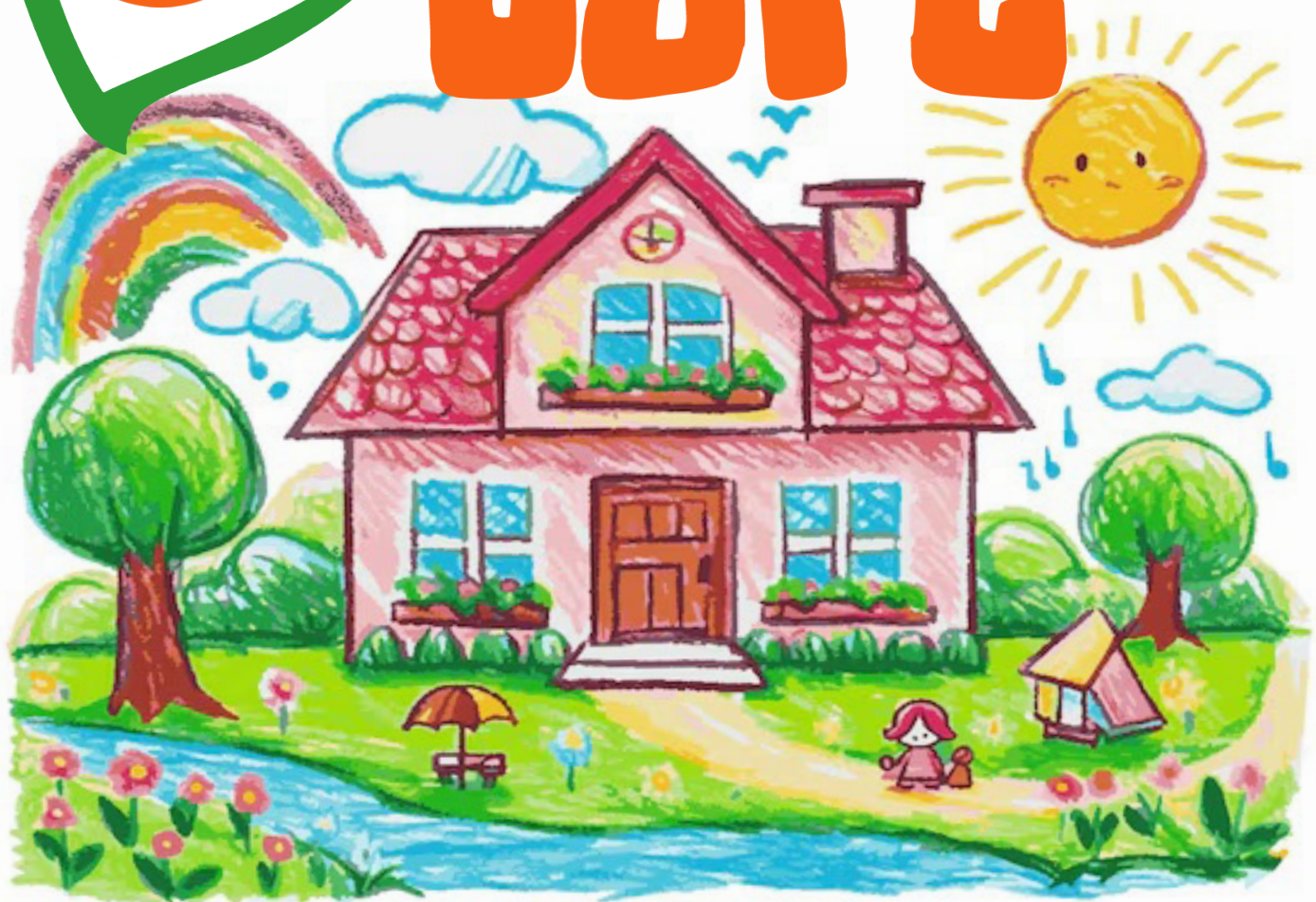


rocksteady care



Sense of self.
Therapeutic approach.
Free expression.
Personal growth.
Positive connections.
Quality care.
Mental & emotional well-being.
Autonomy.



Rocksteady Care Ltd aims to achieve positive outcomes for all young people by encouraging a positive sense of “self”. This is evidenced by responding to young people’s individuality and treating them with dignity and respect regardless of their race, culture, gender, sexuality, language, religion or other difference.





Our Home

Our home is a beautiful, detached property located in Sittingbourne, Kent. It provides a safe, welcoming, and nurturing environment for children and young people.

We are registered as an EBD (Emotional and Behavioural Difficulties) home and proudly welcome all children and young people, providing a supportive environment where they can feel valued, understood, and empowered to thrive.

We offer four spacious double bedrooms, each thoughtfully & collaboratively decorated to reflect the individual tastes and preferences of our young people.

The home features a large open plan living and dining area, a games room, a fully equipped kitchen, and a large bright conservatory that has been transformed into a modern gym.

We also have a calming sensory room and a quiet space that doubles as our therapy room, providing opportunities for relaxation, reflection, and emotional support.

Outside, we have a large garden with a purpose-built music studio, where young people can express themselves creatively through singing, music, and recording.





Rocksteady Care Ltd is led by two dedicated Directors who share strong values and a deep commitment to supporting the most vulnerable and at-risk children and young people in our society.

Our Responsible Individual brings many years of experience within the residential childcare sector and has successfully managed his own children's homes.



We are a passionate, caring, and creative team who take pride in making a genuine difference. Our aim is to create lasting, happy memories for every child and young person who stays at Woodstock House. Whilst we believe education is a necessity for our young people, we also love to engage in fun activities, go on holidays, cook together, and celebrate achievements — big and small.

At Rocksteady Care Ltd, our mission is to make a positive, lifelong impact on the children and young people in our care, helping them to grow, heal, and reach their full potential.



Within the home, we have a highly skilled and compassionate team consisting of a Registered Manager, Deputy Manager, Deputy Therapeutic Lead, and a team of experienced Support Workers. In addition, we have a visiting music producer who works with our young people each week, helping them to explore and develop their musical talents.





Our Unique Approach

At Rocksteady Care Ltd, we are proud to work therapeutically.

Guided by our bespoke therapeutic model developed by our highly experienced and qualified Therapeutic Director. Our aim is to achieve full therapeutic status, ensuring that every aspect of our care is underpinned by a deep understanding of emotional well-being and trauma-informed practice and full training is being given to our team to achieve this.

We are supported by a qualified Creative Arts Therapist who visits weekly to provide one-to-one and group sessions, helping children and young people express themselves through creativity and imagination. Our therapy dog also visits regularly — he loves to have fun with our young people and also enjoys a cuddle bringing comfort, calm, and joy to everyone he meets.

In addition, we have a highly skilled Music Producer who comes in weekly who also has experience working as a support worker in our home. With experience working alongside some well-known bands, he brings professional expertise and passion to help our young people explore and develop their musical talents.

Each child and young person is recognised and celebrated as an individual. All care plans and therapeutic interventions are child-centred, tailored to meet their unique needs, strengths, and aspirations. Our goal is to create a nurturing environment where every young person can feel safe, valued, and empowered to grow.





Our Promise

At Woodstock House, we promise to provide a safe, nurturing, and supportive environment for every child and young person in our care

We are committed to helping each young person create lifelong, happy memories. We will achieve this by encouraging them in education, trying new experiences, discovering their passions, and developing their individual interests and hobbies.

We promise to work therapeutically, using a child-centred approach that ensures every child and young person is treated with respect, understanding, and compassion. Their individual needs, strengths, and aspirations are at the heart of everything we do.

We are dedicated to continuous learning and professional development, ensuring our team grows in skill and knowledge as we work towards becoming a fully accredited therapeutic home specialising in music and the creative arts.

Above all, we promise to offer unique and enriching experiences that inspire confidence, creativity, and joy — helping each young person to thrive and reach their full potential.





If you would like to find out more about us
or want to make a referral, please email:

Charlotte Turner (Registered Manager)
Charlotte@rocksteadycare.co.uk

Tina Stone (Deputy Manager)
Tina@rocksteadycare.co.uk

We will get back to you as soon as possible
and are always happy to answer any
questions. We can also offer home visits.

Contacts

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